**Tuff Stuff Part 3           Pastor David King**

**The problem with stress.**

**My \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is lower.**

(Luke 21:34)“Be careful, or your hearts will be weighed down with carousing, drunkenness and the anxieties of life, and that day will close on you suddenly like a trap.

**My \_\_\_\_\_\_\_\_\_\_\_ are inconsistent.**

(Job 9:25) “My days are swifter than a runner; they fly away without a glimpse of joy.

**My life loses \_\_\_\_\_\_\_\_\_.**

(Psalms 39:6) “Surely everyone goes around like a mere phantom; in vain they rush about, heaping up wealth without knowing whose it will finally be.

**My \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with God seems \_\_\_\_\_\_\_\_\_\_\_.**

**3 Main areas of stress**

1. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Order:**   (Matthew 22:37-40) **37**Jesus replied: “‘Love the Lord your God with all your heart and with all your soul and with all your mind.’ **38**This is the first and greatest commandment. **39**And the second is like it: ‘Love your neighbor as yourself.’ **40**All the Law and the Prophets hang on these two commandments.”

**Margin:**  (Hebrews 10:25) not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

1. **\_\_\_\_\_\_\_\_\_\_**

**Order:**  (Ephesians 5:16) making the most of every opportunity, because the days are evil.

**Margin:**  (Proverbs 19:2) Desire without knowledge is not good—how much more will hasty feet miss the way!

1. **\_\_\_\_\_\_\_\_\_\_**

**Order:**  (Matthew 6:21) For where your treasure is, there your heart will be also.

**Margin:**  (Proverbs 21:20) The wise store up choice food and olive oil,  
    but fools gulp theirs down.

**The distance between the truth I \_\_\_\_\_\_\_\_ and the truth I \_\_\_\_\_\_\_ equals the pain I experience.**

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